For the latest costs – and times open and close please liaise directly with these companies

# Swimming Pools Only

There are 3 swimming pools located in Vale do Lobo area providing the latest facilities. Please see below for more information

Praca Pool(next to Vale Do Lobo beach)

**Contact details -**

* Website - <https://www.valedolobo.com/en/resort-life/facilities/beach-pools/>
* GOOGLE MAPS ROUTE - <https://goo.gl/maps/h3Pa7Agn15A4hJbU8>

# Swimming Pools & Tennis Centre’s

## Vale do Lobo Tennis Academy

(on the way to Dunas Douradas)  
**Contact details-**

Website - <https://fpt.tietennis.com/valedolobo>

Tel - 00 351 289 357 850

Email - [reservas@premier-sports.org](mailto:reservas@premier-sports.org)

Address - Rua da Florida, Almancil, 8135-034

GOOGLE MAPS ROUTE - <https://goo.gl/maps/FMRuVuUh9SwV2ejo8>

## Algarve Tennis & Fitness Centre

(Located next to villa vacations on main road into Vale do Lobo)  
**Contact details -**

* Website **-** <http://www.algarvetennisandfitness.com>.
* Tel - 00 351 289385028

Email - [sports@algarvetennisandfitness.com](http://www.algarvetennisandfitness.com/contact-us.html)

Address **-** Corga da Zorra, Estrada Vale do Lobo, 8135-906 Almancil, Algarve, Portugal

GOOGLE MAPS ROUTE - <https://goo.gl/maps/3YusLvLDd9pjcTYN7>

# Sporting Facilities

## Tennis Centre Only

Turn right out of the apartment 200 yards and there are 3 floodlit tennis courts

Tel - 00 351 914 361 926 Email - [tennis@tennisinportugal.com](mailto:tennis@tennisinportugal.com) No Website

# Fitness Centre’s

There are 3 gyms located in Vale do Lobo and Quinta do Lago providing the latest facilities. Please see below web links for more information

## Hide Pool Gym

The swimming Pool in front of the apt has got its own gym inside and outside. Tel 00351 96 354 11 85 email [HIDEFITNESSCLUB@GMAIL.COM](mailto:HIDEFITNESSCLUB@GMAIL.COM)

Vale do Lobo shopping centre gym

Tel +351(289) 353468 Web: [www.valedolobo.com/en/wellness/fitness-centre/](http://www.valedolobo.com/en/wellness/fitness-centre/) Same place as the golf courses

GOOGLE MAPS ROUTE - <https://goo.gl/maps/wsbrTw2XjsZvMQkN9>

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## CAMPUS Quinta do Lago:

<https://www.thecampusqdl.com/en/fitness/>

GOOGLE MAPS ROUTE - <https://goo.gl/maps/kCeJfcEJ1wds6MJA8>

# Water Sports

Lago Water Sports

Tel 00 351 289 394 929 Web: [www.lagowatersports.com](http://www.lagowatersports.com) Email: [info@lagowatersports.com](mailto:info@lagowatersports.com)

GOOGLE MAPS ROUTE - <https://goo.gl/maps/gYhCum7V3GijK2Sz7>

# Horse Riding

Pine Trees Riding Centre

Tel: 00 351 289 394 369 web: [www.pinetrees.pt](http://www.pinetrees.pt)

GOOGLE MAPS ROUTE - <https://goo.gl/maps/AhjVsp91TmpHeH7VA>