

Tigh a' Mhaide

Brig o' Turk, Callander, Perthshire, FK17 8HT



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Welcome

Thank you for choosing Tigh a' Mhaide. We will do our utmost to make your stay a comfortable and thoroughly enjoyable one. This guide contains the details you need to get the most out of your stay, including some top tips and personal recommendations. If you have any questions or problems, we are just next door and will always be happy to help if we can. Don't hesitate to send us a message, or simply knock on our door.

Short term let licence number: ST00140F

EPC rating: C

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KEY FACTS

Parking	There is parking for up to two cars immediately in front of the house.
Checking in	Check in is from 4pm on the day your booking starts. Please do not arrive earlier than this (unless by prior agreement) because the house will not be ready.
	We will usually greet you in person but, if not, you will find the key in the lock box by the guest entrance. Just follow the path from the parking area, along the left side of the house to the rear of the property. The lockbox code changes regularly and will be sent to you shortly before your arrival.
Checking out	Check out is not later than 10am on the day your booking ends. For details of the checking out procedure, see here.
Wi-Fi	Network name: TP-Link_AA06 Password: 28224006
Dogs	We ask owners to follow a few rules for their pets. <u>Details here</u> .
First Aid	There is a First Aid kit in the kitchen, in the wall cupboard nearest the window. Please let us know when you leave if you use any of the items in the kit so that they can be replaced.
EV charger	Guests are welcome to use the EV charger. This is not included in your rental and will be billed separately according to usage. The tariff is £0.31 per kWh.

EMERGENCY & LOCAL SERVICES

Emergency	Dial 999 in a medical, police or fire-related emergency. For hill-walking/climbing emergencies, call 999 and ask for Police then Mountain Rescue.
Serious illness or injury	The hospital accident and emergency department for this area is at Forth Valley Royal Hospital in Larbert. It deals with: suspected stroke or heart attack, serious illness or injury collapse minor injuries in babies and children under 1 year old Emergency Department Forth Valley Royal Hospital Stirling Road Larbert FK5 4WR Telephone: 01324 566000
Minor injuries Adults and children over 1 year old	There is a Minor Injuries Unit in Stirling. It is open every day (including weekends) from 9am to 9pm. Treatment without appointment is available for minor injuries including: • minor burns and scalds • infected wounds • sprains and strains • cuts and grazes • minor eye injuries • minor ear injuries (not infections) • minor head and neck injuries • suspected broken bones Minor Injuries Unit Stirling Health & Care Village Livilands Gate Stirling FK8 2AU Telephone: 01786 434000

Urgent medical care or advice	NHS 24 is a phone service for people who feel unwell and need advice. If necessary, the service refers callers to a local hospital or family doctor. You can also access this service online. Telephone: 111 Online: www.nhs24.scot
General health advice from NHS Inform	NHS Inform provides general health information through a website, freephone and webchat service, including self-help guides for common illnesses and injuries. Telephone: 0800 22 44 88 (Mon-Fri, 8.00am to 10.00pm and Sat- Sun, 9.00am to 5.00pm) Online: www.nhsinform.scot
Pharmacy/chemist	The nearest pharmacies are in Callander and Aberfoyle. Farrens Pharmacy 45 Main Street, Callander FK17 8DX Telephone: 01877 330 132 Trossachs Pharmacy Geisher Rd, Callander FK17 8LX (adjacent to Callander Medical Centre) Telephone: 01877 330 016 Aberfoyle Pharmacy Main St, Aberfoyle FK8 3UG Telephone: 01877 389 127
GP surgeries	Callander Medical Practice Geisher Road Callander FK17 8LX Telephone: 01877 331 000 Aberfoyle Surgery Main Street Aberfoyle FK8 3UX Telephone: 01877 382 421

Dentist	Callander Dental Practice 171 Main Street Callander FK17 8BJ
	Telephone: 01877 330 703
Optician	Andrew Baird Optometrist 49 Main Street Callander FK17 8DX
	Telephone: 01877 330084
Vet	Riverside Veterinary Clinic 1 Lagrannoch Industrial Estate Geisher Road Callander FK17 8LX
	Telephone: 01877 381213
Post Office	Callander Post Office (inside the shop 'Feeds & Stoves') 21 Main Street FK17 8DU
	Mon – Fri 9.00am – 5.30pm Saturday – 9.00am – 4.00pm Closed Sunday
	Aberfoyle Post Office Main Street FK8 3UG
	Mon – Sat 8am – 5pm Sunday 10am – 5pm
Police (if not an emergency)	 you have had a minor traffic accident. your property has been stolen or vandalised. your car has been stolen. you have witnessed a crime.
	Telephone: 101 or TextRelay: 1 800 1 101 (Deaf, deafened, hard of hearing or speech-impaired callers)

Callander Fire Station
Geisher Road, Callander
Telephone: 01877 330589
Aberfoyle Fire Station
Main Street, Aberfoyle
Telephone: 01877 382904
There are several garages in Callander and throughout the area. We
recommend the community-run garage in Aberfoyle:
Trossachs Motor Engineers
Main Street, Aberfoyle FK8 3UG
Telephone: 01877 382341
Telephone. 01877 382341
Dreadnought Petrol Station
Stirling Road, Callander
Telephone: 01877 330277
Opening hours:
Mon - Sat 6am - 10pm
Sunday 7am - 10pm
Trossachs Area Services
Main Street, Aberfoyle
Telephone: 01877 382735
Opening hours:
Mon - Fri 7am - 7pm
Saturday 8am - 7pm
Sunday 8.30am - 7pm

CHECKING OUT

Please deal with refuse/recycling before you leave, and dispose of left-over food.

Details of what goes in which bin are in the 'bins & recycling' section.

We hope you enjoyed your stay.

As a reminder, **check-out is by 10am** on the day that your booking ends.

There is no need to strip beds but to help us prepare the house for the next guests, please:

- Put wet/used towels on the floor in the wet room.
- Leave the house clean and tidy.
- Empty all bins. Put recyclable material in the coloured bins/boxes adjacent to the parking area. Please take care to put recycling in the correct bin/box. See the <u>'bins & recycling'</u> section for details. If you are unsure, just ask us.
- Take home, or dispose of, any left-over food.
- Lock the door and return the key to the lockbox. The current code is on the kitchen blackboard.

Thank you.

We would love to hear about your stay so please add your comments to the virtual guest book on our website at https://www.tam.scot/guestcomments. You can also find us on Facebook @tighamhaide.

We hope to see you again in future.

PLUMBING & HEATING

The plumbing

We depend on a septic tank for all our drainage and waste water. It is very important that you do not dispose of anything down the sinks or toilets that will clog the pipework or damage the septic tank.

This bit is especially important.

Please use the bins provided in the kitchen and shower rooms. Nothing - absolutely nothing - should be disposed of in the toilets except for the 'three Ps': pee, poo and (toilet) paper.

Take care not to pour fat, oil or food waste into the kitchen sink or flush feminine hygiene products, wipes, nappies, cotton wool or other beauty products down the toilets.

If you do, our drainage system may be blocked, and we feel confident you would prefer to avoid that! Not only is an overflowing drain horribly smelly, but you will be charged for the cost of unblocking it. We are sorry to labour the point, but we have encountered some problems with this in the past.

For cooking fat and oil, please use the 'Absorb bin' fat trapper in the kitchen.

Central heating & hot water

There is oil-fired central heating throughout the house. The timer/thermostat is on the wall in the hall by the door to the wet room. All radiators have individual thermostatic controls.

Hot water is "on demand" so there is no need to programme a timer or adjust anything.

The heating is programmed to be on from 7am to 10am and again from 5.00pm to 10.00pm. If you would like to adjust the heating, follow the steps below.

- To increase the temperature when the heating is on press the button with the + sign. The temperature displayed on the right of the screen is the current room temperature. When you press the + button, the temperature you are setting will appear in place of the time on the left of the display. The heating will only come on if you set this to a higher temperature than the current room temperature.
- 2. To decrease the temperature, follow the same procedure as above but press the button with the sign.
- 3. To turn the heating on at a time when it is not programmed to be on, press the button with the 0 sign. One press will turn the heating on for a boost of 30 minutes. To increase or decrease the boost time in

increments of 30 minutes (up to 3 hours), press the + or - buttons. A timer symbol will appear in the bottom right of the display showing how long a boost is set.

The heating will operate only if the temperature in the hall is lower than the temperature set for the heating. If the heating does not start when you expect it to, please check whether the room temperature is higher than the target temperature. If it is, follow the steps at 1. above to raise the temperature.

You can control the temperature of all radiators individually so, for example, you might want to turn down the radiators in the bedrooms as these are generally warmer than the living area.

Showers

All showers are the same. See the diagram here for details of how to turn on and adjust.

BINS AND RECYCLING

BINS

Use the bins adjacent to the parking area. There are three bins (blue, red and grey), a blue box and a small green caddy.

Our local area has a good recycling service. There is a box in the cupboard under the sink for collecting recyclables before you dispose of them in the appropriate bin at the end of your stay. Please wash & squash recyclables before you put them in the box. This is important because if packaging is not clean it won't be collected for recycling. Our guest bins are emptied on a Wednesday so you may find one or more of the bins at the end of the track. All our bins have 'TAM' written on the lid.

Stirling Council has its own approach to waste collection and what goes where may be different to what you are used to at home. The guide below shows what goes in which bin here. If you are unsure what to do, please ask.

A supply of bin liners is provided in the middle kitchen drawer.

Plastic bottles, cans, cartons – washed and squashed.

BLUE BIN:
Please - No
plastic bags,
soft plastics,
cling film or
plastic
wrapping.
These can all
be recycled
at the Co-op
in Aberfoyle
or in larger
supermarkets



- Plastic milk cartons
- Plastic drinks bottles with lids
- Tetrapak cartons
- Plastic tubs & trays (eg yoghurt pots & fruit punnets)
- Plastic takeaway food containers
- Tins
- Aerosol cans
- Tin foil

Please wash containers before putting them in the bin. The bin will not be emptied if containers are still contaminated with food.

Glass - washed

No lids, please.

(Please do not recycle the milk bottle from the fridge.)



- Glass bottles
- Glass jars

Please wash bottle/jars and remove lids.

(Please do not recycle the milk bottle from the fridge.)

Paper and card



- Newspapers
- Magazines
- Cardboard packaging
- Cardboard food boxes
- Paper/envelopes
- Cards

No paper tissues, kitchen towel or wet paper, please.

Food waste



Please put food waste in a compostable bag and then put the bag in the small green caddy.

Secure the lid by locking the handle so that foxes and other animals can't get at the food.

A supply of compostable bags is provided in the middle kitchen drawer.

General waste



- Cling film
- Plastic bags
- Plastic wrap
- Nappies
- Polystyrene
- Padded envelopes
- Dog poo bags
- All non-recyclable waste

Reducing plastic

To reduce plastic waste, we use refillable bottles for all our complimentary toiletries and kitchen soaps. Please use the contents freely but leave the bottles so that they can be reused for future guests.

Similarly, your complimentary milk is provided in a glass bottle. Please rinse the bottle and leave it in the kitchen for cleaning and re-use.

HOW THINGS WORK

Kitchen appliances	Instructions on how to use all the kitchen appliances are in the plastic folder in the wall cupboard nearest the window in the kitchen beside the 1st aid kit.
TV/DVD player	For instructions for the DVD/Blu-Ray player and TV, see this diagram . More detailed instructions are in the coffee table drawer.
Bluetooth speaker	To play music from your own device through the Sonos speaker, turn on the power then pair your device using the Bluetooth button on the rear of the speaker at the top. It will display as 'Guest House (SONOS AE42)' in your list of Bluetooth devices.



Outside lights	Outside lights illuminate the door and the path to the parking area To turn on the lights, simply press the switch. If the lights don't come on, press the ADV button.
	The lights are on a timer set to operate between dusk and midnight. If you plan to return after dark, simply switch on before you leave and the lights will come on automatically at dusk.
	Instructions for programming the timer are in the folder in the kitchen cupboard beside the first aid kit. The lights will turn off automatically at midnight. If you expect to return later than this, simply set an additional programme from midnight until your expected return time.
	Please keep the lights off when not required to limit light pollution.
Emergency lighting, torches & nightlights	Emergency lighting over the stairs will come on automatically if the power fails.
	In the hall you will find a rechargeable torch in a cradle plugged in beside the bench. This can also function as a nightlight. Instruction are in the instructions folder in the kitchen cupboard.
	To use it as a regular torch, simply remove it from the cradle and switch on. When not in use, please return it to the cradle to keep it fully charged.
	The torch doubles as an emergency light and a night light function. If you switch it on while it is still in the cradle, it will come on automatically between dusk and dawn. It will also come on automatically if the power goes off.
	In the king/twin room, there is a rechargeable night light in the drawer of the bedside table nearest the door. This is motion activated. Simply place it where you need it. If you need to top up the charge, connect it to one of the USB charging points using the USB cable in the bottom of the box.
Cooling fans	Each bedroom is equipped with an electric cooling fan. These can be operated by remote control (stored at the front on the body of the fan). Instructions on using them are in the king/twin bedroom in the drawer of the bedside table nearest the ensuite.

Extractor fans	The ensuites and the wet room have extractor fans which come on automatically with the lights but can be turned off using the highest of the switches on the wall outside the room. The fans run for some time after the lights have been switched off so you may want to control them manually at night.
Shower room mirrors	The shower room mirrors can be illuminated and have heated panels to prevent them misting up. The demister only works when the mirror is illuminated. In the wet room and larger ensuite, just touch the blue circle to switch on and again to switch off. In the smaller ensuite, the mirror also has a magnifying inset and a shaver point. This mirror is controlled by a motion sensor. To switch on, wave your hand along the side of the mirror near the lower right corner.
The laundry ladder	The wooden rack on the wall in the hall above the radiator is a 'laundry ladder'. For details of how to use it, see here.

SHOPPING & EATING OUT

Groceries	Callander has two small supermarkets: TESCO and the Co-op. Both are on the main street. The Co-op is best for fresh fruit and vegetables, and both have a reasonable supply of everyday items. Aberfoyle has a small Co-op, also on the main street.
	Callander has two bakeries and an excellent delicatessen, Deli Ecosse, just off the Ancaster Square on the main street (where you can also have breakfast, coffee and cake or lunch).
	Both Callander and Aberfoyle have butchers. Aberfoyle's is on the main street and Callander's is on Ancaster Square.
	The petrol stations in Callander and Aberfoyle also have small shops where you can pick up bread, milk, papers and other essentials.
Locally-grown produce	Our neighbours at Achray Farm have small boxes of fresh fruit, salad leaves and seasonal vegetables available from their market garden. Take a walk along to the farm to see what's on offer.
Eating out	The nearest place to eat is the dog-friendly Brig o' Turk tearoom (open March to November, Friday to Monday). Unfortunately, The Byre Inn is currently closed.
	For the tearoom , turn right out of the track and the tearoom is the green wooden building on the left at the T-junction. Check the board on the door for opening times and special evening events. Alternatively, see the tearoom's Facebook page at https://www.facebook.com/BrigOTurkTearoom . The tearoom
	serves vegetarian food and home baking.
	For less formal meals, or just coffee and cake, there is the Steamship Café at Loch Katrine Pier (01877 332002) about 10 minutes away by car.
	There are many other options in the wider area. Here are just a few:

'Pub grub'

The Lade Inn at Kilmahog - 10 minutes away by car (http://www.theladeinn.com/index.php/ct-menu-item-3/ct-menu-item-5)

The Waverley Hotel in Callander - 15 minutes away by car (https://thewaverleycallander.co.uk/menu/)

<u>Upmarket café-style</u>

The Atrium Café on the main street above the CCW Clothing shop serves breakfast, lunch, snacks, teas/coffees, cakes. This is one of our favourite cafés and is open every day.

Bistro-style

The Potting Shed at the Roman Camp Hotel in Callander - 15 minutes away by car. We recommend booking to be sure of a table. (http://www.romancamphotel.co.uk/App/uploads/menus/Pottings hedMenu.pdf)

More formal dining

Scott's Bistro at Tigh Mòr, a couple of miles west of Brig o' Turk on Loch Achray side, 10 minutes away by car. Open for lunches at weekends and dinner from Thursday to Monday.

The Bistro is popular locally so we recommend booking in advance.

https://www.scottsbistro.com/

Callander Meadows is small but good. It's open for evening meals at weekends and booking ahead is essential - 15 minutes away by car. (https://callandermeadows.co.uk/restaurant)

The Waterfront Restaurant at the Lake of Menteith Hotel is about 30 minutes away by car and in a lovely setting by the shore. (https://www.lake-hotel.com/waterfront-dining/summer-dinnermenu/)

Also in Callander (15 to 20 minutes away by car)

There is a large selection of cafés in Callander, mostly on the main street. Also worth a try are:

The Old Bank Restaurant: open from 10am - 8pm (6pm on Sundays), serving breakfast, morning coffee, lunches, afternoon tea and high tea. http://oldbankcallander.co.uk/

Deli Ecosse: Open until 5pm, a small café area in the delicatessen but with a quite comprehensive menu. Good for breakfast, coffee, cakes, lunch and afternoon tea. https://deliecosse.co.uk/food-menu

In Aberfoyle (15 minutes or so away by car)

For lunch/coffees/afternoon tea, try:

The café at The Lodge Visitor Centre at the end of the Duke's pass just before the road descends into Aberfoyle village. Good for coffee/cake and light lunches (soup, sandwiches, toasties etc). It has the added bonus of spectacular views over the forest and surrounding countryside.

The Station Café on the main street opposite the Visitor Information Centre serving coffee/teas and light meals.

If cake is your thing, try Liz Macgregor's Coffee Shop on the main street near the Post Office. Its decor is a little run down and facilities are basic, but it does good, simple lunches (toasties and sandwiches, soup, baked potatoes and a small selection of traditional café dishes such as macaroni cheese). There is an impressive selection of home-made cakes.

'Pub grub'

The Faerie Tree Inn, set back from the main street, serves food all day from 11am and is popular locally. The website does include menus, but they are somewhat difficult to read! Phone 01877 382191. https://thefaerietree.co.uk/

Further afield

 The Riverhouse in Stirling is excellent and caters well for vegetarians and fish enthusiasts. It's easy to get to without

	negotiating the town and has parking on site. Open from 9am https://www.riverhousestirling.co.uk • Mhòr 84 on the A84 near Balquhidder (https://mhor84.net) is a popular spot and is dog-friendly.
Eating out with children	Many of the eating places mentioned above cater for children. Some particular favourites are:
	 The Old Bank Restaurant in Callander (See Callander section above)
	 The Atrium Café in Callander (see above)
	 Gray's Restaurant at The Old Rectory in Callander (high chair available),
	(https://www.theoldrectoryincallander.com/food/)
	 The Club House in Callander, (https://club-
	house.co.uk/restaurant-in-callander-at-club-house/)
Eating out with a dog	A number of our local cafés and pubs are dog-friendly. In addition to the Brig o' Turk tearoom, you might try
	In Callander:
	 The Atrium Café on the main street above the CCW Clothing
	shop is excellent (see above).
	The Club House adjacent to the river-side Meadows car
	park (see above).
	 The Waverley Hotel, Main Street, Callander
	(https://thewaverleycallander.co.uk/dining)
	Aberfoyle:
	The Faerie Tree on the main street
	Liz MacGregor's coffee shop
	Further afield:
	Mhor 84 near Balquhidder welcomes dogs though space is
	limited.
	 The Killin Hotel, (https://www.killinhotel.com/)
	The Coach House Coffee Shop, Luss
	(https://www.visitscotland.com/info/food-drink/the-coach-house-coffee-shop-p310731)
Local ice cream &	From around May till October, our lovely neighbours at Achray
sorbet	Farm make and sell their own ice cream using goats' milk from their
30.000	small herd of rather friendly goats. Turn left out of the track and

	take the next left. Carry straight on past The Byre Inn, over the bridge (Brig o' Michael) and follow the track along the river to the farm. The ice cream kiosk is on the left opposite the main farm buildings. For opening times and more information: https://achrayfarm.co.uk/icecream/
	If you are not an ice cream fan, we recommend the sorbet. It's delicious!
Picnicking	You will find a cool box and flask in the corner cupboard to the right of the sink in the kitchen. Please use them for transporting your ice cream or taking a picnic to the picnic bench by the river (or anywhere else). Also provided is picnic crockery and a set of reuseable take-away coffee cups. Please feel free to use these when you are out and about. We ask only that you wash, dry and return them to their respective cupboards after use.
BBQs	Please do not use disposable BBQs or camping stoves. Spring 2025 saw two very destructive wildfires in the Trossachs started by disposable BBQs (one on the hill right above the village). As a result, we have a voluntary ban on BBQs and other outdoor cooking to reduce the risk of further wildfires.

ACTIVITIES

Walking	There are many walking routes around the village and further afield. You will find details of walks in the booklets, leaflets and maps on the left-hand bookshelf in the living room. For details of walks and nature trails around the village, visit the Woodland Trust Glen Finglas Visitor Gateway just outside the village to the east (on the main road as you go towards Callander). You can walk there from the house by following the "Brig o' Turk loop" path towards Lendrick Hill from the east end of the village. Turn right out of our track and follow the pavement up the hill to where it ends beside a house called The Ridings. There you will see a path ahead with a tall hedge on the right-hand side. Continue along the path following the "WTS" markers. After the path has crossed the main road, you can turn left for the Brig o' Turk Mires loop or right towards the Visitor Gateway and Lendrick Hill. See the maps of the "Glen Finglas" walks in this pack for more detail. Slightly further away is the Lodge Visitor Centre near Aberfoyle. This is run by Forestry & Land Scotland and is the starting point for an extensive network of trails of varying lengths and difficulty. The visitor centre has displays of information about the local wildlife and the available walks are described online at: https://forestryandland.gov.scot/visit/forest-parks/queen-elizabeth-forest-park/the-lodge-forest-visitor-centre For more information about and suggestions for walks in the wider area, we recommend the excellent Walk Highlands website. https://www.walkhighlands.co.uk/lochlomond/trossachs.shtml
Games	There is a small selection of games, cards and puzzles in the wicker hamper and in the coffee table drawer.
More	For more suggestions for things to see and do, check out our website at https://www.tam.scot/localarea .

ADDITIONAL INFORMATION

Dogs	 The house can accommodate up to two well-behaved dogs but we ask owners to observe these rules. Dogs should not be left alone in the house (unless secured in a travel/sleeping crate). Clean up promptly after your dog. Always bag and then bin waste. If you run out of bags, there are spares in the middle drawer in the kitchen. Dogs should have their own feeding bowls. You will find two spare bowls in the corner cupboard below the sink. Please do not use the house bedding or towels for dogs.
Children & dogs must be supervised	There is open water in the grounds, and our property is not fully fenced. For these reasons, younger children must be supervised when outside for their safety.
	We also advise keeping dogs on a lead when near the house because the track opens directly to the road in one direction, and to our neighbour's property in the other. You are welcome to walk your dog in the woods and by the river, where a lead is not needed if your pet won't wander out of sight.
No smoking or candles	This is a no smoking property. Smoking is not permitted anywhere. Similarly, candles and other naked flames are not permitted.
Extra pillows & blankets	There are additional pillows and bed throws in each bedroom. You will find these in the underbed drawers and the wicker basket in the larger room, and in the blanket box in the double room. If you use any spare pillows, please leave them on the bed at the end of your stay so that they can be prepared for the next guests.
Mud gets everywhere	The Trossachs can be a very muddy place in the winter and during wet weather. Please leave outdoor shoes and boots in the hall.
Cleaning up	The house is equipped with cleaning materials. You will find these under the kitchen sink and in the cupboard in the hall beside the washing machine. There is a hoover in the wardrobe in the larger bedroom.

	Please let us know if you find anything not working as it should or if any items are accidentally broken or damaged.
BBQs	Please note we have a voluntary ban on the use of disposable BBQs and camping stoves because of recent wildfires which have caused significant destruction of local tree cover and wildlife habitat. Please do not cook outside but instead use the insulated picnic box and flask to ferry hot food to your picnic spot.
Midges	Midges are a common hazard in summer. They usually appear in late May or early June and disappear in early autumn. Whether or not the midges are in evidence depends on the weather conditions. They especially like still, overcast days and areas where there are plenty of trees and water. A good breeze, bright sunshine, or heavy rain is usually enough to keep them at bay.
	You can find a forecast of midge conditions across Scotland at https://www.smidgeup.com/midge-forecast/ . The nearest stations to Brig o' Turk are at Lochearnhead and Loch Lomond. Click those on the map to see the expected conditions over the next five days.
	Some people are not troubled by midges, but we recommend being prepared with long-sleeved tops and long trousers, a hat (and/or a midge net if you find them particularly troublesome around your face) and midge repellent.
	We provide a 'pocket pack' of <i>Smidge</i> repellent for all guests staying during the midge season and larger cans are readily available in Callander and Aberfoyle pharmacies, supermarkets and outdoor shops. Effective repellents contain either Picaridin/Saltidin or DEET.

TIGH A' MHAIDE GROUNDS & THE LOCALITY

Neighbours & neighbour-hood

The track leading to our house also serves a neighbouring property. As a courtesy to our neighbours, please take care not to park across the track so that they always have free access to and from their house.

The four acres or so of woodland surrounding the house are mostly in their natural and wild state to preserve appropriate habitat for wildlife and plants. There may be hazards such as bee or wasp nests, fallen branches, logs, nettles, muddy patches and standing water or thin ice. Please enjoy the woods but be aware of the hazards and exercise the same caution appropriate to any wild, countryside environment.

If you are walking round the woods or down to the river, you will notice stepping stones in various places. These are to help navigate muddy places but are not fixed in place. Please take care when walking over them as they may move.

The peaceful environment in Brig o' Turk is one of the most valued features of the community. There can be quite a bustle in and around the village during the day, especially if the tearoom is open or there is an event in the village hall, but in the evening and at night, this is a quiet place. For that reason, please keep outside noise to a minimum between 9pm and 8am.

The community has chosen not to have streetlights to preserve the rural nature of the locality and to reduce light pollution. Stargazing on a clear night is one of the joys of living here, although the trees and surrounding hills mean catching activity near the horizon is a challenge. To keep light pollution as low as possible, please turn off the outside lights if they are not needed.

Wildlife

We have a thriving population of red squirrels and they are regular visitors to the garden. Please watch out for them, especially on the track. Other visiting wildlife includes pine martens, deer, garden birds, woodpeckers, owls, badgers, foxes, otters and the occasional sparrow hawk. In wet weather you are quite likely to come across frogs and toads on the paths, pavements and roads. You might even find one on the doorstep. Please leave them to find their own way. Bats are also much in evidence during the summer months. They are a common sight at dusk flying around near the house feeding on midges and other insects.

Please take care of our wildlife by giving the birds and animals space and observing from a distance. Lots of the wildlife is active at dusk or during the night, so please don't be alarmed if you hear animal activity at night.

SAFETY

Fire

In the event of a fire, you must follow our evacuation procedure. This and other safety information is provided in the printed copy of this guide which you will find in the house when you arrive. Please take note of the Fire Action notice at the front and make sure all members of your party know how to get out of the house in an emergency.

The bedroom doors and the door to the living room/kitchen have been fitted with self-closing hinges. This is a safety measure to ensure these doors are closed at night. Please take care to keep your fingers clear and be aware that the doors may close quickly.

Legionella

Legionella is a type of bacteria found naturally in lochs and streams. It can cause a pneumonia-like illness if it contaminates domestic water supplies. Some people are at higher risk, including:

- People over 45
- People with impaired immune systems
- Anyone with a chronic respiratory or kidney disease
- Smokers and heavy drinkers

Legionella only thrives when water is not hot or cold enough. Legionnaires' Disease can be caused by inhaling droplets of contaminated water eg from showerheads. To minimise the risk, we:

- Ensure hot water from the taps and showers is hot, above 50°C.
- Ensure cold water is cold, below 20°C.
- Do not allow water to become stagnant.
- Flush showers between each booking.
- Descale and disinfect showerheads regularly.
- Regularly service the boiler.

Please tell us if:

- The hot water is not working.
- The cold water is still running warm after two minutes.
- You notice any discolouration or debris in the water.
- You encounter any other problems with the water.

How to control the showers

All showers are controlled in the same way. For the ensuite showers:



Turning on the water

The top control turns on the water and switches the flow between the overhead and hand-held shower heads.

To turn on the water from the main showerhead, move the lever to the right.

To turn on the water from the hand-held showerhead, move the lever to the left.



Controlling the temperature

The bottom dial controls the temperature.

To make the water warmer, move the lever to the right.

To make the water cooler, move the lever to the left.



Cooler

Warmer



Please note: the water flow in the wet room is the opposite of the ensuite showers.

To turn on the water from the main shower head, turn the top lever LEFT.

How to use the laundry ladder

The wooden rack on the wall above the radiator in the hall is a 'laundry ladder' intended for drying clothes. Please do not remove it from the wall.

1. To open the rack, unhook the cord on the right side of the ladder and gently pull the front section towards you.





2. To secure it in place, re-hook the cord on the appropriate bar to keep the rack in the position you want it, making sure that the cord runs round the spindle at the bottom right.



3. When you are finished with it, simply close the rack, pull the cord gently to tighten it again and secure with the hook. Please always return the ladder to its closed position before you leave.



Netflix

Netflix is available free of charge. Turn on Netflix by pressing the 'Netflix' button on the TV control above. After Netflix has opened, simply click on the 'Guest' profile icon and choose your film or series. Parents: please be aware that there are no age or content restrictions on this profile. To return to regular live TV, press the 'exit' button or choose 'exit Netflix' at the bottom left of the screen.

You can sign in to your own BBC iPlayer account and other services by pressing the 'home' button and scrolling through the icons. Please remember to sign out again before you leave.